
Food for Thought: Life Lessons That Point Us to God

As we journey through life, it becomes clear that beneath everyday experiences lie deep spiritual lessons and sobering truths. Here are some real-life reflections to help us think more deeply, live more wisely, and walk more closely with God.

1. Burial Meals Taste Good—Until They're Cooked in Your Compound

Grief is easy to ignore until it knocks at your own door. Let us learn to comfort others today, for tomorrow we may be the ones in need of comfort.

2. When the Axe Came to the Forest, the Trees Said, "The Handle Is One of Us."

Betrayal often comes from those closest to us. This is why Jesus calls us to be wise as serpents and innocent as doves (Matthew 10:16).

3. The Pencil Is Replaced by a Pen

As children grow, they move from erasable pencils to permanent ink—reminding us that as we mature, our decisions have deeper consequences. Let us walk carefully and seek wisdom from God.

4. One Day, the Ground We Walk On Will Be Our Roof

We are mortal. May we number our days and live purposefully (Psalm 90:12).

5. If Loyalty Were Real, Water Would Not Cook the Fish

True loyalty is rare. Even what seems harmless can cause harm. Let's pray for discernment in our relationships.

6. People Don't Abandon Those They Love—They Abandon Those They Used

Love is sacrificial, not transactional. May we be rooted in genuine, Christ-like love.

7. "RIP"—How We Wish It Meant "Return If Possible"

Death is painful. But for those who believe, death is not the end. There is hope in the resurrection (John 11:25).

8. You May Not Even Be Part of the Future You're Stressed About

Worry robs us of today. Trust God with tomorrow (Matthew 6:34).

9. Losing a Father Is Losing the Man Who Wanted You to Be Greater Than Him

Honor the fathers and mentors in your life. They are often the silent builders of our strength.

10. The Sheep Feared the Wolf, But It Was the Shepherd That Ate It

Not everyone in authority has your best interest. Be prayerful about who you trust.

11. As Children, We Cried to Be Noticed—As Adults, We Cry to Hide It

Let us be kind. Everyone is silently fighting battles we may never see.

12. “Don’t Talk While Eating” Meant More Than Manners

Sometimes, in life, silence is necessary to digest what we’ve been served. Pause, reflect, and grow.

13. A Good Mother Doesn’t Always Mean a Good Wife

Each person plays a different role in life. Let us be gracious and avoid assumptions.

14. Is This the Life We Were Kicking for in Our Mother’s Womb?

Sometimes life turns out differently than we expected. But God remains faithful, even in the unexpected.

15. Being Good Doesn’t Guarantee Kindness in Return

Be good anyway. Our reward comes from God, not the world (Colossians 3:23-24).

16. When the Blind Man Sees, He Throws Away the Stick That Helped Him

Not everyone will remember who helped them. Serve from love, not for recognition.

17. Nowadays, You Need Money to Be Part of Your Own Family

Let us restore the value of love, presence, and community over materialism.

18. Family Is Like a Forest—From Far, It Looks Close. But Get Closer...

Let us strive to build real closeness in our families, rooted in truth, not appearance.

19. Just Play Along—You're Not Stupid. Everyone Knows What They're Doing

Wisdom is in understanding without reacting. May God give us the grace to see and act with love, not bitterness.

Conclusion: Stay Rooted in Christ

Life will always offer unexpected lessons and uncomfortable truths. But God remains our constant. Let these reflections not lead us to despair—but to prayer, perspective, and a deeper trust in our Creator.

“The fear of the Lord is the beginning of wisdom.” — Proverbs 9:10